

JULY POOL SCHEDULE

Twin Pike Family YMCA

MON	TUES	WED	THURS	FRI	SAT	SUN
5:30am - 6:30pm Lap Swim *by appt only	5:30am - 6:30pm Lap Swim *by appt only	5:30am - 6:30pm Lap Swim *by appt only	5:30am - 6:30pm Lap Swim *by appt only	5:30am - 6:30pm Lap Swim *by appt only		
8:30-9:30am Water Aerobics Tone & Tide	8:30-9:30am Water Aerobics Deep Water Running	8:30-9:30am Water Aerobics Tone & Tide	8:30-9:30am Water Aerobics Deep Water Running	8:30-9:30am Water Aerobics Tone & Tide	8:00am- 4:30pm Lap Swim *by appt only 10am- 4:30pm OPEN SWIM	1:00-4:30pm Lap Swim *by appt only 1:00-4:30pm OPEN SWIM
8:30-12:30pm Torpedoes Swim Team Practice	8:30-12:30pm Torpedoes Swim Team Practice	8:30-12:30pm Torpedoes Swim Team Practice	8:30–12:30pm Torpedoes Swim Team Practice	8:30-12:30pm Torpedoes Swim Team Practice		
12:30- 5:30pm OPEN SWIM	12:30- 5:30pm OPEN SWIM	12:30- 5:30pm OPEN SWIM	12:30- 5:30pm OPEN SWIM	12:30- 5:30pm OPEN SWIM		
	1:00-3:00pm 21st CCLC Louisiana		1:00-3:00pm 21st CCLC Louisiana			
5:30-7:30pm Torpedoes Swim Team Practice	5:30-6:30pm Water Aerobics Aqua Blast	5:30-7:30 pm Torpedoes Swim Team Practice	5:30-6:30pm Water Aerobics Aqua Blast	5:30–7:30pm Torpedoes Swim Team Practice		
	6:30- 7:30pm OPEN SWIM		6:30- 7:30pm OPEN SWIM			

Facility Hours M-F 5:30am-8:00pm Saturday 8:00am-5:00pm Sunday: 1-5:00pm

SATURDAY AND SUNDAY MAY HAVE RESTRICTED OPEN SWIM TIME DURING POOL PARTIES

Contact the Front Desk to make pool reservations.

The pool closes 30 minutes before YMCA closing time.